

## Peer Review Board Report

## Alzbetter

April 3. 2015

Toney HealthCare Consulting has appointed a clinically relevant Peer Review Board comprised of four Board Certified physicians to review the content and program design for Alzbetter. The Board is comprised of one Geriatrician, a Geriatric Psychiatrist, a Family Practitioner and a general adult Psychiatrist. All content and program materials including printed and web-based materials were reviewed. While the content was reviewed from a comprehensive clinical perspective, the Board was directed to assess the program from a managed care orientation relative to care management. Pursuant to this, content was evaluated for appropriateness and well as effectiveness and efficiency in a payer care management environment.

The overall impression as reported by each individual member of the Board is positive. The approaches and guidelines utilized throughout the program are consistent with clinically validated models including Cognitive and Sensory Stimulation Therapy for patients with Dementia as well as other caregiver/family oriented models. Having said this, the Alzbetter Program design has created a unique structure of elements of observation, longitudinal assessment and interventions applicable to guided care management for families and caregivers. While the primary goals are directed toward improvements in patient behavior and functioning, the avoidance of multiple untoward complications (both psychosocial as well as health oriented) is the ultimate outcome. It is the avoidance of these potential complications that diminish unnecessary emergency room visits, inpatient hospitalizations and long term care placements. Finally and arguably most important, the Alzbetter program is designed to mitigate untimely mortality while optimizing quality of life for both the patient and caregiver.

In summary, the Peer Review Board approves the programmatic content and models embedded in the Alzbetter manuals, software and related materials. Toney HealthCare Consulting hereby authorizes Alzbetter to reference the members of the Peer Review Board individually and collectively in publications and other communications as the "Alzbetter Peer Review Board."

Thank you for the opportunity to review this program.

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